



Questions to Consider As You Explore Adoption

These questions are designed to help people who are exploring adoption think through some important considerations and ideas relating to the adoption decision process. Please keep in mind that there are not necessarily right or wrong answers to these questions.

1. What are my biggest fears regarding adoption?
2. Do/will my close family and friends support my decision to adopt? If not, why?
3. How do I define the concept of family? In other words, what is a family?
4. What personal experience(s) do I have regarding adoption – whether positive or negative?
5. Does adoption seem “normal” to me?
6. If married, does my spouse have the same ideas and desires about adoption?
7. What have I done thus far to educate myself about adoption? Have I talked to others about adoption?
8. What, if anything, do I feel that I would lose or be “giving up” if I choose to adopt?
9. Why do/would I want to adopt?
10. What are my expectations in detail for the family I’m bringing together through adoption? What are my expectations for the child? Are those expectations fair when I consider the background this child may have had? How do I expect to feel in this process?
11. Am I prepared to parent differently than the way I parented other children or the way I was parented? Am I open to learn different strategies?
12. How do I feel about birthparents (i.e., the biological parents of children who are adopted)? Am I prepared have a relationship with birth parents?
13. How do I see my faith being a part of an adoption process?

